

SEPTEMBER 2020 INFANT LUNCH MENU 1130-0001

Monday	Tuesday	Wednesday	Thursday	Friday				
0	Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces) Green Beans, Mix Fruit	1	Breast Milk or iron-fortified formula Ground Chicken Broccoli Pears	2	Breast Milk or iron-fortified formula Ground Chicken Breast Peas Peaches	3	Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone) Peas, Cooked Carrots	4
7	Breast Milk or iron-fortified formula Mozzarella Cheese Stick (cut 1/4" pieces) Peas, Applesauce	8	Breast Milk or iron-fortified formula Ground Chicken Squash Pears	9	Breast Milk or iron-fortified formula Ground Turkey Breast Yams Peaches	10	Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone) Green Beans, Pears	11
EACN CLOSED LABOR DAY								
14	Breast Milk or iron-fortified formula Ground Turkey Breast Peas Applesauce	15	Breast Milk or iron-fortified formula Ground Chicken Mixed Fruit Broccoli	16	Breast Milk or iron-fortified formula Ground Turkey Breast Peas Banana	17	Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone) Pears	18
21	Breast Milk or iron-fortified formula Ground Turkey Breast Peas Peaches	22	Breast Milk or iron-fortified formula Ground Chicken Cooked Carrots Pears	23	Breast Milk or iron-fortified formula Ground Turkey Breast Green Beans Applesauce	24	Breast Milk or iron-fortified formula Grilled Cheese Sandwich (Provolone), Broccoli Mixed Fruit	25
28	Breast Milk or iron-fortified formula Ground Turkey Breast Squash Pears	29	Breast Milk or iron-fortified formula Ground Chicken Mixed Fruit Broccoli	30				

WHOLE GRAIN RICH BREAD PRODUCTS ARE SERVED, PARENT'S CHOICE W/ IRON FORMULA IS OFFERED

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6-12 months

*Solid foods are gradually introduced, all solid foods must be pureed/chopped according to the child's developmental abilities.

*CNL= Child Nutrition Label

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